

Save On Many Free Preventive Health Services From Medicare!

*"An Ounce Of Prevention
Is Worth A Pound Of Cure"*



Preventive Service	How Often Allowed	Additional Details
Abdominal Aortic Aneurysm Screening Ultrasound	Once with certain risk factors and referral from practitioner	Covered at 100%
Alcohol Misuse Screening and Counseling	Screening: Once per year Counseling: 4 Times per year for those who screen positive	Covered at 100%
Annual Wellness Visit (Not a full physical - prevention planning only)	Annually 12 months after Part B effective date	Covered at 100%
Bone Mass Measurement	Every 2 years if at risk More frequently if high risk	Covered at 100%
Cardiovascular Disease Screening	Once every 5 years for all beneficiaries with no signs or symptoms	Covered at 100%
Cardiovascular Disease Behavioral Therapy	One CVD risk reduction visit annually	Covered at 100%
Colorectal Cancer Screening: Screening Colonoscopy	Normal Risk: Once every 10 years High Risk: Once every 2 years	Covered at 100%
Colorectal Cancer Screening: Fecal Occult Blood Test	Every year	Covered at 100%
Colorectal Cancer Screening: Flex Sigmoidoscopy	Once every 4 years unless screening colonoscopy was performed less than 120 months prior	Covered at 100%
Colorectal Cancer Screening: Barium Enema	Once every 4 years if used instead of Flex sigmoidoscopy	You pay 20% of the Medicare approved amount; Deductible waived
Colorectal Cancer Screening: sDNA Test	Once every 3 years	Covered at 100%
Depression Screening	Once per year	Covered at 100%

Preventive Service	How Often Allowed	Additional Details
Diabetes Screening	One screening per year if not diagnosed pre-diabetic Twice per year if diagnosed pre-diabetic	Covered at 100%
Diabetes Self Management Training	Initial Training - Up to 10 hours within a 12 month period Subsequent Years: Up to 2 hours within a 12 month period	You pay 20% of the Medicare approved amount after meeting the Part B deductible
Flu Vaccine	Once per Influenza season	Covered at 100%
Glaucoma Screening	Once per year for those at risk	You pay 20% of the Medicare approved amount after meeting the Part B deductible
Hepatitis B Vaccine	Three scheduled injections for those at medium or high risk	Covered at 100%
Hepatitis C Screening	Annually for those at high risk or Once in a lifetime for those born between 1945 and 1965	Covered at 100%
HIV Screening	Once per year for those at risk Three times per pregnancy for those who are pregnant	Covered at 100%
Initial Preventive Physical Exam (IPPE) "Welcome to Medicare Exam"	Once for all new beneficiaries within 12 months of starting Part B	Covered at 100%
Lung Cancer Screening	Low-dose CT once per year for those who are high risk	Covered at 100%
Mammogram	Once for those aged 35-39 Annually for those 40 and older	Covered at 100%
Medical Nutrition Therapy	First year: three hours of counseling Subsequent years: 2 hours *For those diagnosed with diabetes, renal disease, or have had a kidney transplant	Covered at 100%
Obesity Behavior Therapy	For those with a BMI >30 First Month: one visit every week Months 2-6 : one visit every other week Months 7-12: one visit every month	Covered at 100%
Pap Test and Pelvic Exam	Annually for those at high risk Every 2 years for normal risk	Covered at 100%
Pneumonia Vaccine	An initial vaccine and a second vaccine one year after the first was received	Covered at 100%
Prostate Cancer Screening	Annually for males 50+	PSA Covered at 100% DRE - You pay 20% of Medicare approved amount after meeting the Part B deductible
Sexually Transmitted Infection Screening and Counseling	Annually for those at high risk More frequently if pregnant	Covered at 100%
Tobacco Use Cessation Counseling	2 attempts per year - each attempt includes up to 4 counseling sessions	Covered at 100%

